



4-H

Making the Best Better

LEADERSHIP

In this project you will learn:

- About skills and characteristics of an effective leader, and the opportunity to develop these skills.
- Leadership life skills of communication, decision making, teamwork, understanding themselves, responsibility and management, & prepare for careers in various fields.

Head:

To think, to plan, and to reason:

- Record Keeping
- Goal Setting
- Problem Solving
- Decision Making

Heart:

To be kind, true, and sympathetic:

- Feeling
- Caring
- Sportsmanship
- Responsibility

Hands:

To be useful, helpful, and skillful.

- Working
- Community Service
- Giving
- Teamwork

Health:

To resist disease, enjoy life, and to make for efficiency:

- Personal Safety
- Self-esteem
- Character
- Responsibility

Beginner

Identify characteristics of effective leaders.

Complete a checklist of leadership skills.

Identify leaders in your community.

Give a speech at your 4-H club meeting on a leadership characteristic.

Organize a community service project for your 4-H Club.

Serve as a 4-H club officer.

Intermediate

Interview a leader in your community.

Give a speech to a local civic club on your 4-H project.

Recruit youth to join a 4-H club.

Organize a county 4-H service project.

Organize a workshop/day camp for your 4-H club our county.

Mentor a younger 4-H member.

Advanced

Compete in a public speaking contest on a district & state level.

Run for a district or state 4-H officer position.

Serve as a club officer for your county's teen leader group or county council.

Conduct a leadership or officer training for younger 4-H'ers.

Organize a 4-H project club.



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Expand Your Experiences!

HEALTHY LIVING

- Help your county agent conduct a healthy eating program at your school.
- Start a group exercise program at a local park.

SCIENCE, TECHNOLOGY, ENGINEERING, AND MATHEMATICS

- Create a club web page.
- Volunteer to do social media for your county 4-H program.

CITIZENSHIP AND LEADERSHIP

- Organize a voter registration activity in your community.
- Participate in a Veterans' Day program in your community.
- Volunteer to help write the county 4-H newsletter.
- Present an educational speech at a 4-H club meeting.
- Go to a state or national convention and invite other 4-Hers to go.
- Participate in the Arkansas 4-H ExCEL program.

Resources

AR Cooperative Extension Service Leadership Publications:

<http://pubs.uaex.edu/pubsWebuser.asp>

AR CES 4-H Youth Development:

4-H Leadership Guide: A Guide to Progressive Leadership Development in a 4-H Club

AR CES 4-H Youth Development:

Officer Manuals

National 4-H Cooperative Curriculum System:

www.n4hccs.org

Opportunities

4-H O-Rama Speaking Contest
 Congressional Award Program
 Parliamentary Procedure Team
 Local Leadership Program
 Local and State Camps

Curriculum

Step Up to Leadership: My Leadership workbook.
 Step Up to Leadership: My Leadership Journal
 Step Up to Leadership: My Leadership Portfolio
 Mentor Guide

4-H Record Keeping

4-H records allow members to develop record keeping and goal setting skills. Members record learning experiences and activities in their 4-H projects, leadership, and community service involvement, 4-H promotion, awards, and accomplishments.



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