

Arkansas 4-H Project Reflection

Fabrics and Fashions Project

Year

Name



Objectives for All Projects	<ul style="list-style-type: none">• Apply all 4-H training and experience in choosing and preparing for a vocation• Practice leadership skills and roles in 4-H and the community• Take part in community affairs and demonstrate citizenship responsibility.• Develop integrity, sportsmanship and decision-making capability, and public speaking skills through experiential learning.
Objectives for this Fabrics & Fashions Project	<ul style="list-style-type: none">• To improve self-confidence and poise by learning to make the most of one's personal attributes.• To learn proper clothing care practices and develop maintenance skills• To learn basic principles of wardrobe planning and coordination.• To learn textile fiber and fabric terminology.• To study textiles with emphasis on selection, use, performance and care.• To study fashion with emphasis on fashion innovation, trends, product categories, marketing, and advertising.• To learn skills needed to construct and repair clothing, accessories, and items for the home.• To learn how to use equipment related to clothing construction and care• Develop consumer skills used in selection of quality clothing.• To explore Clothing and Textiles job and career opportunities.• Develop good posture and grooming habits. Acquire knowledge and skills in planning, presenting, and participating in fashion revues and modeling activities.

I worked toward the following objectives this year: (list)

List talks and illustrated presentations related to the projects reported by title.

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What have you learned in this project?

List what you have learned as a result of participation in the project along with skills you have acquired related to the project.

Leadership Experiences in this project

4-H Leadership

Other Leadership

Citizenship Experiences in this project

4-H Citizenship

Other Citizenship

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Participation in the 4-H Fabrics & Fashions Project

Include the amount of project work (number of items, number of times, etc.) along with related experiences such as tours, public speaking, research, career exploration, etc.)

EXAMPLE

Activity – These are examples – add or delete categories as needed	Jan.	Feb.	Mar.	Apr.	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.	Total
Construction													
Techniques/skills learned													
Pattern/fabric compatibility studies													
Garments made for self													
Garments made for others													
Accessories made													
Home accessories made													
Design													
Pattern alterations/adaptations													
Original designs													
Needlework/Home arts													
Knits/crochet													
Stiches learned													
Items made													
Quilting													
Patterns used													
Hand quilted items													
Machine quilted items													

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