

# Pick-A-Project

Picking a 4-H project can be a hard choice because there are so many interesting things to explore in 4-H. A project should reflect the interests of a 4-H youth, allowing individuals to expand their knowledge and learn new skills. In order to select a project area that may hold one's interest, this "game" can help focus the attention of any 4-H youth.



## Activity:

Circle every letter that describes things that you like to do best:

A. I Like to ride horses.	F. I like to cook.	G. I like to ride bicycles.	F. I like to eat.	A. I like animals.
B. I like to build things	E. I like to talk	C. I like to sing.	G. I like things that move.	B. I like to work with tools.
E. I like to take photographs.	D. I like to watch things grow.	F. I like to help other people.	C. I like to go camping.	B. I like things that are electric.
D. I like to work in the yard and garden.	F. I like to make clothes.	D. I like to walk in the woods.	C. I like to play softball.	D. I like to climb trees.
F. I like to baby-sit.	B. I like small motors.	E. I like to be debate issues and current events.	D. I like to collect insects.	A. I like to take care of sick animals.
D. I like to dig in the dirt.	C. I like to fish.	A. I like to learn new games.	F. I like to make things safe.	C. I like to play a musical instrument.
F. I like to learn more about the food we eat.	D. I like to plant trees and shrubs.	D. I like to learn more about things that live in the forests and streams.	B. I like to carve wood.	A. I like to raise farm animals.
G. I like tractors and trucks.	F. I like to decorate my room.	B. I like to learn how to conserve energy.	F. I like to go shopping.	D. I like to collect rocks.
E. I like to learn more about other people.	G. I like motorcycles.	F. I like to repair things around the house.	D. I like houseplants.	C. I like to shoot bows and arrows.
F. I like to wear nice clothes.	G. I like to use the computer.	A. I like to teach my dog new tricks.	E. I like working with people.	F. I like to count money

## Results:

Once you have read through the list and circled the letters of things you like to do, go back and count the letters you circled. How many do you have?

A	B	C	D	E	F	G

Adapted from: *Arkansas 4-H Volunteer Leaders' Series CES 641 by Darlene Millard.*

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## Pick-A-Project Guide Sheet

You probably circled one or two letters more times than you circled the other letters. On this page, we have listed all the different project areas in Arkansas. They are grouped together by the things you like to do. Find the group that has the same letter as the letter you circled the most times on the Pick-A-Project activity. Read about the projects in the group, these projects may be right for you! If you need more help in picking your project, talk to the adults who work with your 4-H club and your parents for guidance.

How many times did you circle these letters? (Transfer numbers from front)

A	B	C	D	E	F	G

- Group A-** You will learn all about animals on the farm or around the home. It might be a dairy cow, if you have the room to keep one, or as simple as a pet cat. You will learn how to care for animals, how to train them, and what they are used for. Projects include: CATTLE, GOATS, HORSE, LIVESTOCK, PETS, POULTRY, RABBITS, SHEEP, SWINE, and VETERINARY SCIENCES.
- Group B-** These projects teach you about working with your hands, how to build things out of wood, or how to repair small engines. You will learn about tools and how they are used. Projects include: ENERGY & ELECTRICITY, MECHANICAL SCIENCES, ROBOTICS, ROCKETRY & AEROSPACE, and ENERGY & ELECTRICITY.
- Group C-** Everyone likes to have fun and relax, but there are also many new ideas to learn about having fun. The projects in this group teach you how to play different games, go camping and hiking, play a musical instrument, act in a play, and make different crafts. Projects include: MUSIC, THEATER & PERFORMANCE ARTS, VISUAL ARTS, HEALTH & FITNESS, and SAFETY.
- Group D-** The world of nature is one of the most varied project areas in 4-H. You will learn how things grow, different types of animals, plants and insects, how wild creatures live, and how to conserve our natural resources. Projects include: CLIMATE, ENTOMOLOGY, ENVIRONMENTAL, FORAGE & GRASSLANDS, FORESTRY, WATER, WILDLIFE & FISHERIES, AGRICULTURE, GARDENING, and SOILS & CROPS.
- Group E-** You like to work with people through observation, discussions, or civic engagement. Consider projects in: PHOTOGRAPHY & VIDEOGRAPHY, CITIZENSHIP, COMMUNICATION, LEADERSHIP, SERVICE LEARNING, or SOCIAL & EMOTIONAL WELL BEING
- Group F-** The home is an important part of your life. In this group you learn about the food you eat, the clothes you wear, how to make your home a better place to live and about other people. Projects include: FOOD & NUTRITION, FOOD PRESERVATION & SAFETY, FASHION & FABRIC, HUMAN DEVELOPMENT, SAFETY, WORKFORCE PREPARATION & CAREERS.
- Group G-** This group of projects is really on the go. You will learn about most everything that moves in this group. Projects include: HEALTH & FITNESS, COMPUTER SCIENCES, MECHANICAL SCIENCES, and ROBOTICS.

