

Arkansas 4-H Project Tip Sheet



CITIZENSHIP

4-H

Making the Best Better

Head:

To think, to plan, and to reason:

- Record Keeping
- Goal Setting
- Problem Solving
- Decision Making

Heart:

To be kind, true, and sympathetic:

- Feeling
- Caring
- Sportsmanship
- Responsibility

Hands:

To be useful, helpful, and skillful.

- Working
- Community Service
- Giving
- Teamwork

Health:

To resist disease, enjoy life, and to make for efficiency:

- Personal Safety
- Self-esteem
- Character
- Responsibility

In this project youth will....

- Get involved in their communities.
- Learn about the democratic processes.
- Perform services for others.
- Learn how to make a positive difference in their community.
- Develop life skills that are essential for an individual to become an active, responsible citizen.

Beginner

Get to know club members and their interests.

Lead the Pledge of Allegiance & 4-H Pledge

Learn the duties of club officers.

Participate in a service project.

Tour the state Capitol.

Intermediate

Learn the history of your town.

Give a talk on a citizenship related topic.

Coordinate a service project.

Be a leader in your club.

Learn the duties of city, county, and state elected officials.

Advanced

Learn Parliamentary Procedure.

ID an issue in your community & take action.

Teach your club about city, county, & state government.

Attend Citizenship Washington Focus.



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Experience ~ Share ~ Generalize ~ Apply

Expand Your Experiences!

HEALTHY LIVING

- Coordinate a walk-a-thon or 5K benefitting a local charity.
- Conduct a scavenger hunt to collect healthy snacks for a women's shelter, backpack for kids, afterschool program, etc.

SCIENCE, TECHNOLOGY, ENGINEERING, AND MATHEMATICS

- Design & build a community garden.
- Record Public Service Announcements thanking elected officials.

CITIZENSHIP AND LEADERSHIP

- Coordinate a Government Appreciation Day.
- Give a talk at a club meeting.
- Share with your Quorum Court details of a community service project.
- Apply to be a page in the state legislature.
- Attend National 4-H Conference.

Resources

National 4-H Curriculum

University of Arkansas
Extension Publications

www.4-H.org

4H.uaex.edu

Opportunities

Citizenship
Washington Focus
Tour

Teen Leader
Conference

District & State
O-Ramas

Job shadow a public
official

Participate in 4-H
county Council, local
workshops, activities,
and events.

Curriculum

4-H Citizenship:
Government is Us!

Arkansas History
and Government

National History &
Government

Citizenship
Adventure Kit

Agents of Change

Raise Your Voice

4-H Record Keeping

4-H records allow
members to develop
record keeping and
goal setting skills.

Members record
learning experiences
and activities in their
4-H projects,
leadership, and
community service
involvement, 4-H
promotion, awards,
and accomplishments.



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