



# Arkansas 4-H Report Form

*Before completing this form, please read ALL instructions.  
Please type or print.*

Project \_\_\_\_\_ Year \_\_\_\_\_

State Initiative (check one)

<input type="checkbox"/> Healthy Living: Mind	<input type="checkbox"/> Community Action	<input type="checkbox"/> Plants & Agriculture
<input type="checkbox"/> Healthy Living: Body	<input type="checkbox"/> Fine Arts	<input type="checkbox"/> Enviro. Science & Energy
<input type="checkbox"/> Personal Development	<input type="checkbox"/> Animal Science	<input type="checkbox"/> Engineering & Tech

Number of years enrolled in this project \_\_\_\_\_ Number of years enrolled in 4-H \_\_\_\_\_

Name \_\_\_\_\_

Name you want used in publicity \_\_\_\_\_ Sex: Male  Female

Home Address \_\_\_\_\_

Zip Code \_\_\_\_\_ County \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Date of Birth: Mm/dd/yyyy \_\_\_\_\_ Age as of January 1, this year: \_\_\_\_\_

Grade in school on January 1, this year \_\_\_\_\_ Year of high school graduation \_\_\_\_\_

*The purpose of the following is only to gather statistics and determine compliance with Civil Rights Laws.*

Ethnic Origin:  White  Black  Hispanic  Asian  
 American Indian/Alaskan Native  Mixed

Name of your 4-H club or group \_\_\_\_\_

Name of parents or guardians \_\_\_\_\_

### Statement by Member

I personally certify that this report accurately reflects my work:

Date \_\_\_\_\_ Signature of 4-H Member \_\_\_\_\_

### Approval of Report

We have reviewed this report and believe it accurately reflects the work of the 4-H member:

Date \_\_\_\_\_ Signed \_\_\_\_\_  
Parent/Guardian

Date \_\_\_\_\_ Signed \_\_\_\_\_  
Local Volunteer 4-H Leader

Date \_\_\_\_\_ Signed \_\_\_\_\_  
County Extension Agent

## **SECTION I. - PROJECT WORK**

### **A. MAIN PROJECT GOALS**

Using the state project objectives (refer to the Arkansas 4-H Projects and Objectives) for your project area as your guide. List your three top S.M.A.R.T goals. (Remember they should be Specific, Measurable, Attainable, Relevant, Timely)

- 1.
- 2.
- 3.

### **B. KNOWLEDGE GAINED THIS YEAR**

List the top three things you learned from participating in this main project.

- 1.
- 2.
- 3.

### **C. MAIN PROJECT WORK OVERVIEW**

Describe all the things you have done in your main 4-H project. Use numbers if you can. Judges will be looking for three basic things: amount of project work; variety of project work and quality of project work.

#### **D. EDUCATIONAL EXPERIENCES IN YOUR MAIN 4-H PROJECT**

This section is where you record activities you participated in and learned about your main project. List tours taken, talks or demonstrations seen or heard, individual instruction, exhibits, workshops, camps, competitions, consumer experiences (shopping), interviews made, websites visited, books and pamphlets read. Be sure to indicate level where educational experience took place (L=local; C=county; D=district; S=state, R=regional, N=national).

**E. OVERVIEW OF OTHER 4-H PROJECT AND ACTIVITY EXPERIENCES**

This page is to be used to report experiences in those projects and activities that are not reported on page 2. Report no more than three projects. Be sure to list the name of each project and then tell your activities. Use numbers if you can (# of animals, size of garden, etc.)

**F. EDUCATIONAL EXPERIENCES IN OTHER 4-H PROJECTS AND ACTIVITIES**

This section is where you record activities you participated in and learned about your other project. List tours taken, talks or demonstrations seen or heard, individual instruction, exhibits, workshops, camps, competitions, consumer experiences (shopping), interviews made, websites visited, books and pamphlets read. Be sure to indicate level where educational experience took place (L=local; C=county; D=district; S=state, R=regional, N=national). List the name of each project and then the activities for that project.

## SECTION II – LEADERSHIP

### A. 4-H LEADERSHIP EXPERIENCES

List your 4-H leadership experiences. Remember leadership is: planning, leading, teaching, conducting, organizing, coordination, directing, demonstrating, talks and demonstrations, etc. **Do not repeat any information listed on any other page.** Be sure to indicate level (L=local; C=county; D=district; S=State, R=regional, N=national). Place \* beside leadership experiences that relate to your main project.

<u>Year</u>	<u>Level</u>	<u>Kind of activity/What did you do</u>	<u># people reached</u>
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### SECTION III - COMMUNITY SERVICE

#### A. 4-H COMMUNITY SERVICE

List by year those activities you have done which have helped someone else.

<u>Year</u>	<u>What did you do</u>	<u>Number of hours or Items contributed</u>
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**COMMUNITY SERVICE CONTINUED**

Year                      What did you do                      Number of hours or Items contributed

**SECTION IV - AWARDS AND 4-H PROMOTION**

**A. 4-H AWARDS**

List awards received in 4-H.

Year   Level                      Type of Award                      For what received

**B. 4-H PROMOTION/MARKETING**

List 4-H promotional activities. Do not report activities listed on any other page.

Year	Level	What You Did
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**SECTION V – 4-H IMPACT**

In 100 words or less describe what difference 4-H has made in your life.