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# MY 4-H Clover Bud JOURNAL

4-H Report Form

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"My aim is to put down on paper what I see and what I feel in the best and simplest way"

– Ernest Hemingway

**UofA**  
UNIVERSITY OF ARKANSAS  
DIVISION OF AGRICULTURE  
Cooperative Extension Service



Name \_\_\_\_\_

Address \_\_\_\_\_

County \_\_\_\_\_

4-H Club \_\_\_\_\_ Age \_\_\_\_\_

## **Guide for Completing Your 4-H Clover Record Book**

Keeping a 4-H record book is part of your overall 4-H Clover Bud experience. A 4-H Clover Bud record book is kept by 4-H'ers ages 5-8. A 4-H record book is an important part of completing each project. It is a written history of your project work. Keeping a 4-H record book helps you make plans (goals), be organized, make decisions, and just have fun.

Completing your 4-H Clover Bud Record Book can make you feel good about yourself. You did it! Your record book:

- Helps you earn credit for completing the 4-H year
- Makes you eligible to participate in other activities
- Helps you to be eligible to participate in other activities
- Helps you learn important life skills
- Gives you a chance to be recognized on the county level
- Helps you set higher goals – and more!

The 4-H Clover Bud Record Book should include:

- A standard 4-H cover – green Member's Record Cover (purchase through the county office.)
- 4-H Clover Bud Record Book Report Form, pages 1-6.

### **4-H Report Form, pages 1-6**

Report the last three years of your project work unless otherwise stated on the form. When preparing this report form, it should be handwritten, typed, or completed on a computer in this format. Do not repeat information. No additional pages can be added to this form.

**My main 4-H project is:**

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**My other 4-H projects are:**

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I went to \_\_\_\_\_ Club meetings, and they were about

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I like being a Clover Bud because

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**Leadership** – Check (X) the things you did.

\_\_\_\_\_ Led the 4-H pledge

\_\_\_\_\_ Led the pledge of allegiance

\_\_\_\_\_ Led a song

\_\_\_\_\_ Gave a talk

\_\_\_\_\_ Gave a demonstration

\_\_\_\_\_ Made a motion

\_\_\_\_\_ Other \_\_\_\_\_

\_\_\_\_\_ Other \_\_\_\_\_

**Elected and Appointed Leadership**

Were you a member of a committee in your club or a club officer? List them here.

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**Community Service**

Community service is doing things for other people. List what you did.

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**Awards**

List any awards won in 4-H

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**4-H Marketing**

Who did you tell about 4-H? What did you do to promote 4-H?

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**Non-4-H Activities**

(Like school, church, sports)

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## **Show and Tell – Main Project**

Draw, attach pictures, and/or make lists of things you did in your main project.

## **Show and Tell – Other Projects**

Draw, attach pictures, and/or make lists of things you did in your other projects.

Materials adapted using record book guidelines from Arizona Cooperative Extension Service, Oklahoma Cooperative Extension Service, Tennessee Cooperative Extension Service, and Texas Cooperative Extension Service.

### **Committee Members**

Jesse Clark, Hot Spring County  
Donna Frances, Drew County  
Angie Freel, Saline County  
Lynelle Hallmark, White County  
Jamie Martin, White County  
Georgia Oldenstadt, Conway County  
Connie Phelps, State 4-H Office  
Bill Reed, Faulkner County  
Janice Shofner, Benton County  
Ruth Steely, Pike County  
Carla Vaught, Polk County

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