# ARKANSAS 4-H

# Project List

# **Healthy Living**

#### Mind: Social and Emotional Well Being

- Bullying Prevention
- Personal Finance
- Self-Awareness
- Substance Abuse Awareness

#### Body

- Food and Nutrition
- Food Preservation & Safety
- Health & Fitness
- Human Development
- Safety (ATV, Shooting Sports)

Don't see your Project Interest?

Self-determined projects can be placed in an area that best describes your focus of work.

Contact your local county agent for assistance.

### **Civic Engagement**

#### **Personal Development**

- Achievement
- Citizenship
- Communication
- Leadership
- Mentorship
- Public Speaking
- Workforce Preparation & Careers
- Entrepreneurship

#### **Community Action**

Service Learning

#### **Fine Arts**

- Fashion & Fabric
- Music
- Photography and Videography
- Theater & Performance Arts
- Visual Arts

# Science, Technology, Engineering & Mathematics (STEM) and Agriculture

#### **Animal Sciences**

- Cattle (Beef & Dairy)
- Goats (Dairy & Meat)
- Horse
- Livestock Skills
- Meat Science
- Pets
- Poultry
- Rabbits
- Sheep
- Swine
- Veterinary Science

#### **Plants and Agriculture**

- Agriculture
- Gardening
- Soils & Crops

#### **Environmental Science & Energy**

- Archeology
- Biology & Chemistry
- Climate
- Energy & Electricity
- Entomology
- Environmental
- Forage & Grasslands
- Forestry
- Water, Wildlife, & Fisheries

#### **Engineering and Technology**

- Computer Science & Coding
- Mechanical Sciences (automotive, welding, tractor)
- Robotics
- Rocketry & Aerospace



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