

# Performing Arts - Dance



**District & State 4-H O-Rama**  
**Junior & Senior 4-H'ers**



## OBJECTIVES

Targeted Life Skills: decision-making, self-esteem, self-discipline, self-motivation, teamwork, and cooperation.

Opportunity will be provided for faculty and/or judges to share information about related college degree programs and career options in the Performing Arts, Arts and Humanities, and Human Development.

1. Assist 4-H members in discovering and developing their talents.
2. Develop 4-H members' appreciation for talent and the performing arts.
3. Develop poise, confidence, and performance skills of 4-H members.
4. Encourage 4-H members to pursue special or formal training to further develop their talents.

## AWARDS

**District 4-H O-Rama:** One trophy will be awarded to the first-place junior and first-place senior in the Dance Division. Second- through fifth-place ribbons will be awarded at both the junior and senior levels in the Division.

**Arkansas 4-H O-Rama:** A trophy will be awarded to the first-place winner in the Dance Division. Second- through fifth-place ribbons will be awarded in each category.

## GENERAL RULES

A county is limited to one junior and one senior entry in the Dance Division, for a maximum of two entries per county.

The Dance Division includes Dance Arts (tap, ballet, square dance, and clogging), Popular Dances, Modern Dance, Ballroom and Modern Jazz. Break dancing and Hip-hop dancing will be allowed. Note: Acrobatics, gymnastics, Martial Arts, and baton twirling will not be allowed.

## SPECIFIC RULES

1. A talent act is limited to **five minutes of performing time**. Five penalty points will be assessed against the overall score of acts exceeding the time limit.
2. If an act is determined to be inappropriate, that act will not be considered for an award.
3. An act can have up to five 4-H members. All members of a group must meet the age requirement for the level (junior or senior) in which they are participating.
4. Accompanists are allowed. They are not considered as part of the act, and they are not considered in judging. Accompaniment must assume the pure character of accompaniment. The test shall be whether the performance would stand alone if the accompaniment were removed.
5. Sound equipment will be available for dance acts. ***All pre-recorded music used to accompany the contestants MUST be emailed to the State 4-H Office in mp.3 format. No CD's. No music played off phones.***
6. The **top seven (7) senior** Dance acts per district will be eligible to participate in the Arkansas 4-H O-Rama.

## JUDGING

This activity will be judged on the 4-H Performing Arts Contest Dance Score Sheet. A copy of the score sheet is included on the Arkansas 4-H Homepage under 4-H Opportunities/O-Rama <https://4h.uada.edu/youth/opportunities/orama.aspx>.

## PREPARED BY

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Note: Participation in the Performing Arts Contest may be reported in 4-H Record Book competition for the Performing Arts, Achievement, or Leadership projects. Another option would be to list participation in the 4-H Performing Arts contest as a separate activity in Section Ic of the Arkansas 4-H Report Form. This section is entitled "Summary of Other 4-H Projects and Activity Experiences.

## 4-H PERFORMING ARTS – DANCE CONTEST SCORE SHEET

Name(s) \_\_\_\_\_

Number of participants in Act \_\_\_\_\_ Jr. or Sr. Act \_\_\_\_\_

Club \_\_\_\_\_ County \_\_\_\_\_

Name of Dance Number \_\_\_\_\_

<b>Possible Areas to be Judged</b>	<b>Points</b>	<b>Score</b>
<b>DANCE TECHNIQUE AND EXECUTION</b> <i>Used dance steps and movements appropriate to dance being performed. Steps &amp; movements performed correctly.</i>	15	
<b>CONTINUITY OF ROUTINE AND RHYTHM</b> <i>Routine well planned. The Dance was performed smoothly and to the beat of the music.</i>	15	
<b>INTERPRETATION</b> <i>Created a mood appropriate to the dance performed. Consider facial expressions, body movement, etc.</i>	15	
<b>STAGE PRESCENCE</b> <i>Poise, posture, confidence, charisma, etc.</i>	15	
<b>CREATIVITY OF ACT</b>	10	
<b>APPROPRIATENESS OF CLOTHES, COSTUMES, PROPS, MUSIC, ETC</b> <i>Clothes, costumes, props appropriate and enhanced the performance.</i>	10	
<b>DEGREE OF DIFFICULTY</b>	10	
<b>OVERALL EFFECTIVENESS OF PERFORMANCE</b>	10	
<b>TOTAL</b>	100	

**TIME:** 5 POINT PENALTY FOR OVER TIME LIMIT. WILL BE DEDUCTED FROM THE PARTICIPANT'S OVERALL SCORE

**COMMENTS:**

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