CONGRESSIONAL AWARD

BE A PART OF HISTORY

REGISTER
1

Register online at: Congressionalaward.org/register. Turn in waiver and $25 fee to your County Extension Office.

SET GOALS
2

Meet with your extension agent to set goals in:

- Voluntary Public Service
- Personal Development
- Physical Fitness
- Expedition/Exploration

RECORD
3

Record your progress in your Congressional Award Record Book found at Congressionalaward.org/record-book.

SUBMIT
4

Submit your Record Book to your county office by:

- January 14
- May 14
- September 14

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University of Arkansas System

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GO TO CONGRESSIONALAWARD.ORG FOR MORE INFO!

CONGRESSIONAL AWARD

Be a part of history

Highest honor congress presents to America's civilian youth

Open to all youth 13.5 to 24 years old regarless of GPA, background, or ability

Develop goal-setting habits, planning and organizational skills, and values, such as responsibility and persistence

Explore new interests and talents while bolstering a resume

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