Principles of acupuncture



What is acupuncture?

* Points on skin surface connect to nerves
* Needles are inserted into skin to stimulate nerves
* Procedure is performed to create a healing response
* Considered alternative or holistic medicine
* Contact points have specific actions when stimulated
* Can be used with or without electric current
* Alieves symptoms of several diseases and disorders
* Needles are painless to the patient



Is acupuncture scientific?

* Acupuncture points confirmed by functional MRI
* Inhibits COX-2 and NK-1 pathways that cause pain
* These pathways also cause inflammation
* Most studied in dogs with intervertebral disc disease
* Noticeable reduction of pain
* Noticeable improvement in paralysis



Acupuncture points small animals





Acupuncture points in the horse

